National Kundalini Yoga Teachers Association
IKYTA Agreement

MISSION

The mission of a National Kundalini Teachers Association (NKYTA) is to represent, nurture, unify and support Kundalini Yoga Teachers - in collaboration with the International Kundalini Yoga Teachers Association (IKYTA) - so that they can deliver the Teachings of Kundalini Yoga as taught by Yogi Bhajan®, with purity and grace in their home countries.

Each NKYTA holds a neutral space for all teachers in a country to connect and support each other professionally and personally. This is achieved through community building, education, informing, sharing, support and seva.

NKYTAs fulfill their mission by:

- Unifying and connecting Kundalini Yoga teachers through community building. This happens both nationally and internationally, in collaboration with IKYTA.
- Communicating with their membership on all levels, sharing both national and international information regarding Kundalini Yoga.
- Promoting KY teachers, events and activities.
- Creating and fostering opportunities for members enhancement, through courses, events, etc.
- Representing Kundalini Yoga in their home countries. They publicly uphold the vision and values of a Teacher of Kundalini Yoga. Additionally, they uphold the Code of Ethics and may provide support in the case of ethical dilemmas. It is highly recommended that all members recommit to the Code of Ethics annually.
- Possibly certifying teacher's credentials (as does Yoga Alliance). NKYTAs seem to be the appropriate figure to do this, due to local laws and regulations.
- Promoting Seva (selfless service). They can do this by offering opportunities for seva (within NKYTA or through other organizations), supporting seva financially, making projects visible, and/or helping members to create seva projects.
- Possibly providing insurance and legal help.

GUIDELINES

IKYTA requires each NKYTA to meet certain standard model guidelines, as outlined below. This NKYTA Agreement must be fulfilled for a NKYTA to be officially recognized by IKYTA:

1. Acknowledge and agree to the Vision and Mission of IKYTA.

- Our Vision: IKYTA is the ever-evolving and growing community that welcomes and connects KRI-Certified Kundalini Yoga teachers worldwide. Our vision is a diverse, joyful and collaborative global family, dedicated to creating an inclusive, compassionate, and unified world of elevated consciousness. We believe that all Kundalini Yoga Teachers have the potential and the excellence to be empowered leaders of the Aquarian Age, guided by the spirit of service.
- Our Mission: Our mission is to uplift, nurture and serve Kundalini Yoga teachers through programs, resources, benefits and educational offerings that encourage self-development, support community building, highlight professionalism, and inspire positive social change through service. This work is guided by teaching, practicing and sharing Kundalini Yoga as taught by Yogi Bhajan®.

2. Work collaboratively in partnership with IKYTA, 3HO Foundation International, Kundalini Research Institute (KRI), and the Office of Ethics & Professional Standards (EPS).

3. Work with all relevant teachers and groups in our country to form, develop and perpetuate the NKYTA. This includes:

- Collaboratively bringing together all those longing to grow and participate in creating a structure for the NKYTA.
- Seek representation from all areas of the country, rather than being a group that lives in close proximity to each other
- Work harmoniously with other local or regional Kundalini Yoga-focused organizations, groups or studios to help support special programs and activities of both the NKYTA and the respective organization/group/studio

4. Neutrally serve the needs of all member teachers in our country, in the best ways possible. This includes:

- Providing a neutral connecting place for teachers
- Cooperatively working together
- The teachings of Yogi Bhajan shall be the main guidance for all work

5. Assure all members have a meaningful voice in selecting teachers who serve in leadership roles.

6. Consider the role of trainers in the NKYTA

- Primary decision makers should be Teachers (not Trainers in KRI Academy).
- Trainers can support the creation of NYKTAs, can suggest leaders, and should encourage teachers and centers to be involved. Trainers will strive to empower other teachers to lead and serve.
- In cases where Trainers (especially Lead Trainers) are key to growing the NKYTA, it is highly recommended that someone from each training school participate on the board.

7. Official recognition of a NKYTA requires:

- Transparent processes in place for all members to have a meaningful voice in the selection of those in leadership roles.

- Leaders that are KRI teachers in good standing and have a strong longing to serve.
- An organization name including the country name and “Kundalini Yoga”, and can include “Association.”

8. Legal recognition of the NKYTA within your own country is encouraged.

9. Share relevant communication with members, as needed. This includes:
- Facilitate communication from IKYTA to members.
- Maintain open communication with IKYTA, including encouraging involvement in NKYTA monthly meetings and teachers events.

10. All KRI-Certified NKYTA members are also recognized as full professional IKYTA members, with access to all benefits and teacher listing on the website.
- NKYTA leaders should make this distinction clear to their membership, communicating and promoting it´s service.

11. Agree that there is only one NKYTA in each country, set up by the majority of teachers who want to work collaboratively to serve and share the Teachings of Yogi Bhajan.
- At the local level, there may be more than one association or chapter of Kundalini Yoga teachers, who are all part of the NKYTA, but local groups are not the official NKYTA.

12. Submit a current member list to IKYTA at least once a year.
- This will give NKYTA members full professional membership with IKYTA and a listing in the online teachers’ directory (www.ikyta.org) for a year, if they wish.
- *In those countries where it is a requirement, all members sent on the spreadsheet must have given active consent to their NKYTA to send IKYTA his/her personal information.*
- IKYTA can accept membership lists monthly, however, membership dues must be included with each membership list sent. Please see more information about membership dues below.

13. Commit to pay a minimum of 15% of total NKYTA membership dues to IKYTA.
- Generally, IKYTA requests that membership fees be paid once per year. This payment is to be sent to IKYTA, along with the membership list spreadsheet.
- IKYTA must receive $5 US minimum per person each year.
- For NKYTAs sending multiple membership lists during the year, payment must be received with each list. To assist with streamlining IKYTA’s process and accurate record keeping, we encourage each NKYTA to send lists once per year, if possible.

14. Agree (if a newly established NKYTA) to have at least three key representatives participate in a group interview/welcome meeting with IKYTA, after the signed Agreement is submitted.

15. Agree (if an already established NKYTA) to have an annual or bi-annual meeting with IKYTA National Associations Coordinator, as requested.
- These meetings allow us to know and update each other, provide guidance and support collaboration and alignment between the NKYTA and IKYTA.

To request for official recognition as a National Kundalini Yoga Teachers Association (NKYTA), please print, sign and email this page to **jaigopalk@ikyta.org** *for consideration.*

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We agree that our organization fulfills all parts of the NKYTA Agreement above. We will work collaboratively with IKYTA, and we ask to be officially recognized as the NKYTA for our country. We will include our membership list and payment to IKYTA as described above, following approval as a NKYTA. We acknowledge that if once this recognition is official, if our NKYTA does not act in alignment with the Agreement, an inclusive resolution process will begin. It will require our participation and collaborative dialogue, in order to maintain official status as our country NKYTA.

Country: _____

NKYTA Name: _____

Website (if you have one): _____

Email: _____

Telephone/Cellphone Number: _____

NKYTA Representative: _____

Signature of NKYTA Representative: _____

Date: ____/____/____